



2020 HERO University Summit:
***Well-Being in All Policies: How Well-Being is Considered
and Integrated into Policies and Practices in Universities
and Academic Medical Centers***

Monday, October 19, 2020

AGENDA

NOTE: Central time zone

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|-----------------|---|
| 11:00- 11:10 am | University Summit Welcome |
| 11:10-11:25 am | <i>The Dr. Robert Winfield Memorial Keynote Presentation</i>
<i>Well-Being: A Foundation for the Future of Higher Education</i>
Joan M. Troester (University of Iowa) |
| 11:25 -11:55 am | Fireside Chat
<i>Systems Centered Language: A new cornerstone for anti-racist conceptualization
and policy change in a university setting</i>
Meag-gan O'Reilly (Stanford University) |
| 11:55– 12:10 pm | Small group activity |
| 12:10-12:20 pm | Activity Break |
| 12:20-1:00 pm | Panel discussion
<i>The Missing Link in the Socioecological Model</i>
Carolyn Swearingen (Texas State University)

<i>Purpose, Connection and Well-being: An Integrated Approach in Higher Education</i>
Elizabeth Finkle/Ryan Shuler (University of Delaware) |
| 1:00-1:10 pm | <i>Heart of HERO</i> Award presentation |
| 1:10-1:40 pm | Lunch Break/ Networking |
| 1:40 – 2:20 pm | Learning Roundtable
<i>Using Technology to Promote Connectedness in Worksite Wellness</i>
Brad Awalt (Vanderbilt University Medical Center) |
| 2:20-2:55 | Learning Roundtable
<i>A Culture Change Within a Medical Center Hospital System: Baylor College of
Medicine – BeWell</i>
Jesse Gavin (Baylor College of Medicine) |
| 2:55-3:00 pm | Wrap-up and Adjourn |